

FOR IMMEDIATE RELEASE

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Fifth Annual Golden Harvest celebrates Farmers, Food, Education and Awareness

Maple Ridge, BC: On Friday, October 18, 2013 the Maple Ridge Agricultural Advisory Committee, in partnership with Maple Ridge/Pitt Meadows Agricultural Association and the Haney Farmers Market present the Fifth Annual Golden Harvest at the Maple Ridge Arts Centre Theatre (ACT).

The Event called “A Taste of Maple Ridge and Beyond” runs from 6:00 to 8:00 pm and will feature a variety of fabulous foods, from the culinary art students from three local high schools to a wide variety of information and sample booths from local vendors and organizations.

Kimberly Lauzon, Co-Chair of the event notes, “This event celebrates the local harvest, but it’s also a great way to establish connections with local agriculture, food producers and area consumers to help create a strong ‘food culture’ in our community. One of the highlights of the Golden Harvest is sampling the dishes created by our local culinary arts program students and their brilliant chef instructors. Our event celebrates great food and connects us with the amazing farmers who work around us to create the bounty we all enjoy on our dinner table.”

Eileen Dwillies, Co-Chair and Co-Manager of the Haney Farmers Market said, “Over the last decade we have cultivated a great food culture in Maple Ridge that’s reflected in the fact that local farmers and food producers have their products featured on the menus of local restaurants. People are beginning to understand that the loyal shoppers at the Farmers Market are also people who like to entertain with friends at local eateries and create great meals at home. The Golden Harvest is a celebration of the new relationship we all have in our community with our farmers, chefs and ‘foodies’ who want to eat healthy and eat well.”

Tickets for the event are only \$25 and available at The ACT box office (in person or by calling 604-476-2787) or directly from the Haney Farmers Market. The ticket price for seniors and students is only \$20, an incredible value. Guests at the event will be able to sample appetizers from local restaurateurs such as Big Feast Bistro & Catering, Chameleon **Café** and Concerto’s to name a few, and enjoy the creations of the culinary teams from Maple Ridge, Thomas Haney and Garibaldi Senior Secondary Schools.

In addition, you will see some familiar faces from the Haney Farmers Market including Field to Fork Herbs, Nature and Living (Mushrooms), Kitchen Picks (Herbs), MR/PM Community Kitchens, Hopcott Premium Meats, Golden Ears Cheesecrafters, Red Barn Produce and de la Bouche Specialty Foods (preserves).

This is always a fun evening, and a great way to connect with your neighbours who love good food.

For more information contact Kimberly Lauzon at 778-552-2832 or email kim.goldenharvest2013@gmail.com and Eileen Dwillies at 604-467-8424