

Maple Ridge / Pitt Meadows Mental Health and Substance Use Services

Fraser Health provides a range of mental health and substance use services that extend across the life span and care continuums starting from prevention and health promotion to specialized, intensive and in-patient care. The services include in-patient and outpatient, community and residential services that are organized in **seven client service streams**:

- Child, Youth & Young Adult
- Adult
- Community Residential Emergency Short Stay and Treatment (CRESST)
- Older Adult
- Substance Use
- Tertiary (intensive and specialized services)
- Supported Housing and Residential Program

Services located in the Maple Ridge/Pitt Meadows Communities include:

- Psychiatric Liaison Nurse in the Ridge Meadows Hospital Emergency Department (7days a week)
- Acute Adult Inpatient Unit at Ridge Meadows Hospital (20 beds)
- Outpatient Psychiatric Clinic at Ridge Meadows Hospital
- Community Mental Health Centre:
 - Central Intake and Referral Service
 - Adult Short-Term Assessment and Treatment (ASTAT) Team: time limited 1:1 counselling
 - Adult Case Management (ACM) Team: for clients with serious and enduring mental illness, including assertive case management service and rehabilitation services
 - Group Therapy Services (GTS): core and specialty groups, including perinatal services
 - Older Adult Community Mental Health: short-term assessment and treatment for older adults with psychiatric issues
 - Supported Housing and Residential Program (SHARP): a variety of levels of care available with housing options
 - Concurrent Disorder Therapist: for clients with mental health and substance use issues
 - Maple Ridge/Pitt Meadows Mental Health and Substance Use Services and Outreach partnership with the Ridge Meadows RCMP for enhanced crisis response
- Community Rehabilitation Services: Occupational Therapy, Recreation Therapy Services, Peer Support Program and Wellness Recovery Action Plan (WRAP), Clubhouse Program, Therapeutic Volunteer Program, Breathing Easy and Talking Tobacco Programs through Clubhouse, Vocational Counselling partnership with Canadian Mental Health Association, Rehabilitation Fund
- Psychosis Treatment Optimization Program (PTOP) provides additional supports for individuals living with psychosis who have not responded well to previous treatments
- Nurse Practitioner Service to individuals with mental health and/or substance use issues and the under-housed or homeless
- Contract partnership with Maple Ridge Parks and Leisure
- Contracted substance use outpatient counselling and prevention program serving adults and youth (includes Youth Outreach Workers, School and Community-based Prevention Program)
- Direct and contracted Family Support services for people with a loved one living with a mental health and/or substance use issue

Regional services available to individuals in Maple Ridge/Pitt Meadows include:**Substance Use Services**

- Creekside Withdrawal Management Service: adult detox and dedicated youth detox, 30-day stabilization beds
- Creekside Daytox Program: medically monitored day program
- Maple Ridge Treatment Centre: Intensive Residential Treatment (ITR) program for men
- Riverstone Home/Mobile Detox/Daytox: medically supported residential and home services
- Kinghaven Treatment Centre: Intensive Residential Treatment (ITR) program for men
- Peardonville House: Intensive Residential Treatment (ITR) program for women – can accommodate pre-school age children
- Stabilization and Transitional Living Residences (STLR): contracted supportive recovery facilities for men and women
- Second stage supportive housing
- DEWY (Day, Evening, Weekend Youth): intensive day treatment program
- TEAM (co-ed); WELL (women); MELL (men): adult intensive recovery day treatment program

Mental Health

- Early Psychosis Intervention (EPI) Program for youth and young adults between 13 to 30 years old
- Gaining Ground, a Fraser Health teen and young adult mental health promotion, prevention and early intervention initiative includes mindcheck.ca (a provincial website) and [Speak Up](#) (dedicated online space as well as targeted education and youth peer network)
- Youth Concurrent Disorders Program for youth with issues in both mental health and substance use
- Developmental Disabilities Mental Health Services for adolescents and adults with both developmental disabilities (IQ of 70 or less) and complex mental health needs
- Psychiatric High Acuity Unit (PHAU) at Abbotsford Regional Hospital and Cancer Centre and Surrey Memorial Hospital
- Fraser Health Outpatient Eating Disorders Program
- Fraser Health Child and Youth Neuropsychiatry Clinic, Child and Youth Psychiatry General Teaching Clinic as well as Infant Psychiatry Clinic on Surrey Memorial Hospital grounds
- In-patient Adolescent Psychiatric Unit at Surrey Memorial Hospital
- Adolescent Day Treatment Program (ADTP) at Surrey Memorial Hospital and Abbotsford Regional Hospital
- START (Short Term, Assessment, Response, Treatment) Teams
- Reproductive Psychiatric Clinic at Royal Columbian Hospital and Gateway Station Mental Health
- Community Residential Emergency Short Stay Treatment (CRESST) at Abbotsford, Surrey and New Westminster
- Neuropsychiatry Outreach Clinic, located at Delta Hospital, provides specialized assessments and consultation for individuals with mental illness and brain injury
- Ministry of Social Development and Social Innovation (MSDSI) Program (liaison/integration service between Mental Health and Substance Use and Probation Services)
- Regional Tertiary (intensive and highly specialized) Mental Health Services:
 - Arbutus Place, a 42-bed Older Adult Rehabilitation and Behavioural Stabilization Program in Langley
 - Clayton Heights, a 29-bed Older Adult Rehabilitation and Behavioural Stabilization Program in Surrey
 - Connolly Lodge, a 20-bed Adult Specialized Residential facility on Riverview grounds
 - Cottonwood Lodge, a 24-bed Adult Specialized Residential facility on Riverview grounds
 - Cypress Lodge, a 20-bed Mental Health Rehabilitation facility on Riverview grounds
 - Memorial Cottage, a 25-bed Mental Health Rehabilitation facility in Langley

- Cedar Ridge, a 20-bed Adult Mental Health Rehabilitation Unit in Chilliwack
- Oceanside, a 24-bed Acute Older Adult Unit in White Rock
- Timber Creek: a 17-bed Intensive Tertiary Rehabilitation Unit; a 12-bed Psychiatric Intensive Care Unit (6 beds allocated to Vancouver Coastal Health), two 15-bed Acute Assessment and Treatment Units
- Neuropsychiatry In-patient Program for adults with complex brain disorders/injuries and mental illness (Fraser Health has 10 beds in a Vancouver facility)
- Family Support, Education and Respite Program
- Mental Health Advocacy Services
- Disability Rights Advocacy website – [Ask an Advocate](#)

Emergency Services:

Centralized Fraser Health Crisis Line provides 24/7 telephone support, crisis intervention, suicide prevention and community resource information for people of all ages:

604-951-8855 for callers residing west of Aldergrove
1-877-820-7444 toll-free for callers east of Aldergrove

For information about these services please contact:

Maple Ridge Mental Health Centre: 604-476-7165 | #500 22470 Dewdney Trunk Road | Maple Ridge
Maple Ridge Treatment Centre: 604-466-6970

Or visit: <http://www.fraserhealth.ca/health-info/mental-health-substance-use/>

Province-wide Alcohol and Drug Information Referral: 604-660-9382 or 1-800-663-1441

