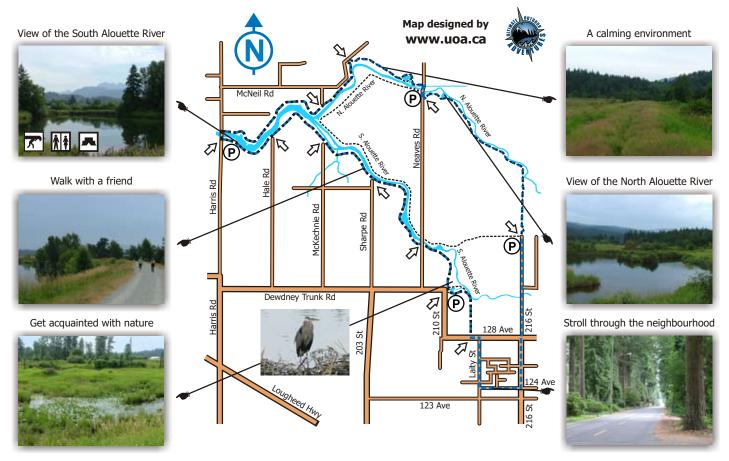


Blue Heron Rotary Loop



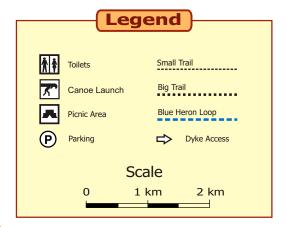
Park Information

There are four starting spots for the Blue Heron Loop each with their own parking area. The loop is north of Lougheed Highway along the border of Pitt Meadows and Maple Ridge.

Many of the trails are wide, clean and flat, and others are tiny, overgrown and uneven.

Something for everybody!

DISTANCE: Blue Heron Loop - 19km **DIFFICULTY:** Flat



Tips

The correct shoe is important! Consider visiting a specialized footwear store where the staff are trained to fit you with the best shoe for your foot.

