

Workplace Emergency Kit

If you work in an office, keep these items at your desk in a bag or backpack. If you need to evacuate, you will be glad you did!

Having an emergency kit will help you survive and recover after a disaster. Remember, following a devastating event, it could take days, or even weeks before services are fully restored, or it is safe to return to your home. It may seem daunting at first, but there are some simple steps you can take to prepare emergency kits for you, your family, and your pets.

You can purchase ready-made kits at a number of local and online suppliers, or you can begin to assemble one yourself from extra items you may already have at home. The lists below will help you identify your needs.

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- Flashlight and batteries
 - Radio
 - Clothing for the season
 - Emergency “space” blanket
 - Food snacks and water
 - Medication and eye-glasses
 - Gloves
 - Pen and paper to leave a note
 - Sturdy shoes
 - Whistle
 - Photo of family / friends
 - Cash (coins)